## **Mental and Emotional Health Education Implementation Plan**



| State Board of Education Rule:  |                          | 6A-1.094121 Mental and Emotional Health Education            |                              |                   |
|---|--------------------------|--|------------------------------|-------------------|
| Name of the School District   |                          | Holmes   |                              |                   |
| Superintendent of the School District   |                          | Terry L. Mears   |                              |                   |
| Implementation Period: (MM/YY – MM/YY)  |                          | 01/20-05/20  |                              |                   |
| Submission Date to the Commissioner   |                          | On November 26, 2019 sent to MentalHealthEducation@fldoe.org |                              |                   |
| Direct URL to the Implementation Plan   |                          |  |                              |                   |
| as posted on the school district website  |                          |  |                              |                   |
| School District Contact(s) for this Plan  |                          | Pamela Price, pamela.price@hdsb.org                          |                              |                   |
| (name and   | d email address)         |  |                              |                   |
|   |                          |  |                              |                   |
|   |                          | urses in which instruction will be delivered:                |                              |                   |
| ☐ Art – Visual Arts   | ☐ Experimental Education |  | ☐ Peer Counseling            | ☐ World Languages |
| ☐ Computer Education  | ⊠ Health Education       |  | □ Physical Education □       | ☐ Other           |
| ☐ Dance   | ☐ Library Media          |  | ☐ Research/Critical Thinking |                   |
| ☐ Drama – Theatre Arts  | ☐ Mathematics            |  | ☐ Science                    |                   |
| ☐ English/Language Arts   | ☐ Music Education        |  | ⊠ Social Studies             |                   |
| Select the qualification(s) of the instructors for the above courses:   |                          |  |                              |                   |
| ⊠ Florida Certified Teacher   |                          |  |                              |                   |
| ☐ Community-based Expert  |                          |  |                              |                   |
| ☐ School Nurse  |                          |  |                              |                   |
| ⊠ School Counselor  |                          |  |                              |                   |
| ☐ School Psychologist   |                          |  |                              |                   |
| □ Other   |                          |  |                              |                   |
| Please explain the rationale for delivering the instruction in the courses selected above for each grade level.           |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 6: Physical Education is a course that we could reach 6 <sup>th</sup> grade students in to ensure that they were provided |                          |  |                              |                   |
| the required instruction.   |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 7: Physical Education is a course that we could reach 7 <sup>th</sup> grade students in to ensure that they were provided |                          |  |                              |                   |
| the required instruction.   |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 8: Physical Education is a course that we could reach 8 <sup>th</sup> grade students in to ensure that they were provided |                          |  |                              |                   |
| the required instruction.   |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 9: HPOE is a course that we could reach 9 <sup>th</sup> grade students in to ensure that they were provided the required  |                          |  |                              |                   |
| instruction.  |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 10: World History is a course that we could reach 10 <sup>th</sup> grade students in to ensure that they were provided    |                          |  |                              |                   |
| the required instruction.   |                          |  |                              |                   |
| 1   |                          |  |                              |                   |
| 11: United States History is a course that we could reach 11 <sup>th</sup> grade students in to ensure that they were     |                          |  |                              |                   |
| provided the required instruction.  |                          |  |                              |                   |
|   |                          |  |                              |                   |
| 12: American Government/Economics are the two courses that we could reach 12 <sup>th</sup> grade students in to           |                          |  |                              |                   |
| ensure that they were provided the required instruction.  |                          |  |                              |                   |

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Please describe the methods for delivering the instruction for each grade level.

- 6: Classroom lessons are presented using the *Everfi* program by a trained facilitator using a turnkey script along with an engaging, interactive digital and traditional content including direct instruction, group discussion, skills-practice activities, videos, and games. Student progress towards learning goals is monitored with the use of an essential review.
- 7: Classroom lessons are presented using the *Everfi* program by a trained facilitator using a turnkey script along with an engaging, interactive digital and traditional content including direct instruction, group discussion, skills-practice activities, videos, and games. Student progress towards learning goals is monitored with the use of an essential review.
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Please describe the materials and resources that will be utilized to deliver the instruction for each grade level.

6: Everfi's Mental Wellness program will give our students knowledge and tools such as cognitive-behavioral skills to not only improve their ability to deal with stressful situations but also lay the groundwork for preventing significant mental health issues in the future. The instruction will be provided in digital and traditional lessons within our students.

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